

Research Brief

State-Level Costs of Removing Fluoride from Community Water Systems

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Key Messages

- *Decades of scientific evidence show that community water fluoridation (CWF) is a safe and effective means of preventing tooth decay, especially among children. Despite continued recommendation of fluoridated water from health organizations, several states are considering banning CWF based on guidance from the federal government.*
- *The estimated five-year costs associated with removing fluoride from community water systems in the U.S. is \$46 billion.*
- *Removing fluoride from community water systems – especially if combined with a ban on fluoride supplements – would not only deal a major blow to the nation's oral health, but would also entail major economic costs.*

Introduction

Addressing chronic conditions and promoting preventive health are priorities under the current administration's Make America Healthy Again (MAHA) platform.^{1,2} However, policies recently implemented under the MAHA program directly challenge established public health measures meant to promote oral health among the U.S. population. Most notably, fluoride is under threat of being removed from community water systems despite decades of scientific evidence supporting its safety and effectiveness in preventing tooth decay among those that consume it.^{3,4}

Fluoride is a naturally occurring mineral found in water, soil, plants and some foods and is most known for its oral health benefits.⁵ Fluoride strengthens teeth through remineralization of the tooth enamel, protecting against and even reversing tooth decay.⁶ While fluoride is naturally occurring, it does not occur or is not accessible at the optimal level, 0.7 milligrams per liter, in every community water source.⁷ Additionally, targeted in-office fluoride treatments and even basic oral hygiene products like fluoridated toothpaste may be

inaccessible for vulnerable populations, particularly those that live in rural areas and lack dental benefits.^{8,9,10}

Regular use of fluoridated toothpaste and targeted fluoride treatments at the dental office, while effective, are not enough to entirely avoid tooth decay. Daily consumption of fluoridated water is also essential.¹¹ Fluoridation of community water systems has been found to be an effective and safe solution for delivering optimal levels of fluoride to prevent tooth decay.

Fluoridation of community water systems – at the optimal safe level – has been in place since 1945.¹¹ In the United States, 63 percent of the population receives fluoridated water due to community water systems as of 2022.¹² Community water fluoridation (CWF) has reduced dental caries rates by 25 percent among adults and children who receive it.^{13,14,15} A recent analysis in *Jama Health Forum* estimates that eliminating fluoride from U.S. public water systems would increase tooth decay among children by 7.5 percentage points and cost \$9.8 billion dollars in five years due to increased tooth decay.¹⁶

CWF has long been established as the most efficient and cost-effective public health measure for minimizing the development of dental caries, especially for children and communities that have a higher caries risk.¹⁷ Dental caries is the most common chronic childhood disease,¹⁸ and CWF not only reduces the incidence of caries but also reduces the costs and complications of severe caries (e.g., abscess).¹⁹

Despite the well-established benefits to oral health, CWF is being challenged at the federal and state level. Excess ingestion of fluoride can cause dental fluorosis, the appearance of faint white lines or streaks on the teeth.²⁰ In addition, exposure to fluoride in amounts higher than 1.5mg/L of drinking water has been associated with, but not proven to cause, lower IQ

scores.²¹ In the United States, the Centers for Disease Control and Prevention recommends fluoride intake at a level of 0.7 mg/L as the concentration that maximizes fluoride's oral health benefits while minimizing potential harms.²² Despite this recommendation, Utah and Florida voted to ban fluoride from community water systems,²³ with other states considering the same measure.²⁴ In addition, the U.S. Food and Drug Administration announced that prescription fluoride supplements will be pulled from the market effective October 2025.²⁵ According to a recent HPI poll, 57.4 percent of dentists prescribed fluoride supplements to children.²⁶ The ban on fluoride supplements will eliminate a tool that health care providers rely on to reduce the risk of tooth decay in patients. Without access to fluoride in any form, the number of caries and cost of dental treatment will increase for payers and patients.

In this brief, we estimate the state fiscal impact of removing fluoride from community water systems across all 50 states and the District of Columbia. We also review the experiences of three communities that removed fluoride from their water systems, two of which decided to reimplement it after seeing the impact on the rate of dental caries, especially among young children, and related costs.

Estimating the Cost Burden to States if Community Water Fluoridation Ends

We estimate the increased dental care costs that would result from the removal of fluoride in community water systems in 50 states and the District of Columbia. To determine the population affected by bans on water fluoridation, we calculated the number of residents served by community water systems with fluoridated water for each state. A 2024 study has recently estimated that removing fluoride from U.S. public water systems would cost \$9.8 billion in five years due to increased tooth decay and associated

treatments for children ages 0-19.¹⁶ The costs include in-office treatment for caries, abscesses, tooth extractions, and fluorosis (for children residing in communities with fluoride levels above the optimal limit) as well as the cost of water fluoridation to community water systems.

As of 2022, 62.6 percent of the U.S. population receives fluoridated water due to community water systems.

Nationally, we estimate that the total five-year increase in dental care costs due to removing fluoride from community water systems is \$45.9 billion dollars: \$9.8 billion for children, \$27.9 billion for working-age adults, and \$8.2 billion for seniors. The three states with the highest total costs are California (\$4.8 billion), Texas (\$4.4 billion), and Florida (\$3.4 billion). Table 1 outlines each state and costs by age group.

Our results show that the elimination of fluoride from community water systems would significantly increase the associated dental care costs due to increases in caries.

In addition to our analysis, we summarize three cases where communities made the decision to remove fluoride from their public water systems. Two of these areas recently reinstated fluoride due to adverse dental outcomes and associated costs.

Spotlight: Calgary

Calgary, Alberta, the fifth largest metropolitan area in Canada, voted to ban CWF in 2011 based on city residents' increasing distrust of established scientific rationales for water fluoridation as well as the belief that adding fluoride to community water systems was too costly.^{27,28} The result was poorer oral health outcomes among Calgary residents.

From 2011 and 2018, the number of children receiving IV antibiotics for dental infections within one hospital system increased by 700%.²⁹ Further, caries-related dental treatment requiring general anesthesia for children ages 0-11 nearly doubled in non-fluoridated areas in Alberta compared to fluoridated areas,³⁰ with the rate increasing from 17 to 32 per 10,000 children. Another study compared school-aged children in post-CWF cessation Calgary to Edmonton, a similarly sized city with CWF and found that there were 12 percent more children with dental caries in their primary teeth in Calgary compared to Edmonton.³¹

In 2021, Calgary decided to restore fluoride into the city's water supply due negative oral health outcomes and the related health care costs that resulted from its removal. Full restoration of fluoride in Calgary is expected in 2025.³²

Spotlight: Windsor

The city of Windsor in Ontario, Canada voted to remove fluoride out of its water systems in 2013.³³ Opponents of CWF argued that the decades-old public health measure violated residents' health autonomy and that fluoride had unknown health risks unrelated to oral health.³⁴ Five years after the ban was implemented, an oral health report found that the percentage of children with tooth decay and/or requiring urgent care for untreated oral health issues increased by 51 percent.³⁵ The percentage of children with urgent dental needs was double in Windsor-Essex County compared to the rest of Ontario. Average total costs for emergency dental visits were estimated at \$508,259 per year. Due to these outcomes, Windsor decided to reintroduce fluoride back into the water systems in 2022.³⁶

Spotlight: Juneau

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Alaska's capital city, Juneau, voted to carry out the cessation of CWF in 2007.^{37,38} While the intention behind the decision was to address public concerns about fluoride safety, the cost of treating dental disease in the community significantly increased over time.

More than a decade later, a study that compared the oral health of Medicaid-enrolled children ages 0-18 in the pre-cessation and post-cessation periods found that removing CWF led to statistically significant increases in the number of dental caries procedures and associated treatment costs.^{33,39} Specifically, the post-CWF cessation group had increased caries-related treatment costs per patient that ranged from 28 percent to 111 percent after adjusting for inflation. In addition, the increase in number of procedures and costs post-CWF cessation was more pronounced for children age 7 and younger.

The city of Juneau does not currently have plans to reimplement CWF as of the time of this publication.⁴⁰

A Critical Time for the Future

Community water fluoridation is facing a great threat.⁴¹ Opponents of fluoridation argue that CWF violates consumer autonomy and that fluoride consumption has causative links to lower IQs in children.²¹ The argument that fluoridation should strictly be a consumer's choice does not account for the reality that not everyone has access to in-office fluoride treatments and the scientific literacy to understand the medical effects of fluoride.

CWF is not the first government-led intervention of its kind meant to improve public health through equal access. In 1924, iodine was added to table salt after an endemic iodine deficiency led to an increased prevalence of goiters (an enlargement of the thyroid gland) in certain regions of the U.S.^{42,43} In 1933, vitamin D was added to milk to address rickets, a

childhood disease that causes weakened bones due to vitamin D or calcium deficiency.^{43,44} These measures, like CWF, proved to be safe and effective ways to improve health outcomes for all populations.

The removal of fluoride from community water sources coupled with a fluoride supplement ban would leave all communities, but especially rural and low-income communities, vulnerable to tooth decay and its associated complications. Currently, fluoride supplements must be prescribed by a dentist or physician and would likely pose out-of-pocket costs for patients.⁴⁵ Fluoride varnishes are only covered for adults on Medicaid in less than half of the U.S. states.⁸ Only those with access to dental care and the financial means to afford fluoride supplements, which are currently under threat of being banned by the current administration,²⁵ would be able to mitigate the harm of CWF bans.

Fluoride water and supplement bans would leave all communities, but especially rural and low-income communities, vulnerable to tooth decay and its associated complications.

The ongoing reconciliation package, known as the One Big Beautiful Bill Act, is putting budgetary pressure on states' Medicaid funding. Adult Medicaid dental benefits in particular are at risk of being dropped from state programs.^{2,46} CWF bans along with reduced or removed adult Medicaid dental benefits would trigger an expensive oral health crisis. Removing fluoride will lead to higher rates of caries, and low-income populations will be left without benefits to get their caries treated, leading to delayed care that will require more expensive emergency treatments at the state's

expense. Untreated periodontal disease is associated with higher emergency room visits for pregnant individuals and those with coronary heart disease and diabetes.² Severe caries pose their own financial hardship to individuals and states.

Community water fluoridation bans alongside reduced or eliminated Medicaid dental benefits would trigger an expensive oral health crisis.

Table 1: Estimated 5-Year Increase in Dental Care Costs due to the Removal of Fluoride in Community Water Systems

	Percent of State with Fluoride Exposure Due to Community Water Systems	Children (Ages 0-19)	Adults (Ages 20-64)	Seniors (Ages 65+)	Total 5-Year Cost
Alabama	68.0%	\$164,097,965	\$452,856,094	\$140,795,964	\$757,750,024
Alaska	31.4%	\$11,590,641	\$31,569,882	\$7,319,318	\$50,479,841
Arizona	55.5%	\$189,260,034	\$533,056,440	\$177,287,513	\$899,603,987
Arkansas	82.5%	\$123,477,897	\$326,104,142	\$101,387,657	\$550,969,696
California	55.5%	\$1,017,106,293	\$2,968,377,824	\$779,337,514	\$4,764,821,631
Colorado	71.3%	\$187,634,728	\$581,133,442	\$149,046,859	\$917,815,029
Connecticut	68.8%	\$108,753,914	\$334,202,188	\$105,409,390	\$548,365,492
Delaware	56.2%	\$25,491,977	\$73,777,756	\$27,015,708	\$126,285,440
District of Columbia	99.3%	\$27,665,686	\$100,776,806	\$19,799,127	\$148,241,620
Florida	68.2%	\$632,853,927	\$1,987,662,419	\$746,258,103	\$3,366,774,449
Georgia	80.8%	\$436,386,652	\$1,195,482,326	\$302,922,791	\$1,934,791,768
Hawaii	8.2%	\$5,097,709	\$15,357,000	\$5,553,699	\$26,008,409
Idaho	23.5%	\$23,749,722	\$58,400,940	\$17,711,072	\$99,861,734
Illinois	89.1%	\$522,941,442	\$1,508,886,601	\$438,681,377	\$2,470,509,421
Indiana	68.2%	\$230,796,280	\$612,462,501	\$178,983,452	\$1,022,242,233
Iowa	74.7%	\$117,444,163	\$307,371,868	\$99,545,500	\$524,361,531
Kansas	62.0%	\$92,390,984	\$235,213,513	\$70,995,313	\$398,599,809
Kentucky	89.7%	\$193,011,784	\$534,511,163	\$161,210,171	\$888,733,119
Louisiana	33.9%	\$76,970,994	\$203,710,870	\$59,849,575	\$340,531,440
Maine	39.9%	\$21,611,609	\$72,573,986	\$28,393,804	\$122,579,399
Maryland	70.8%	\$205,685,452	\$589,405,444	\$167,342,836	\$962,433,732

Table 1: Estimated 5-Year Increase in Dental Care Costs due to the Removal of Fluoride in Community Water Systems (continued)

	Percent of State with Fluoride Exposure Due to Community Water Systems	Children (Ages 0-19)	Adults (Ages 20-64)	Seniors (Ages 65+)	Total 5-Year Cost
Massachusetts	52.7%	\$156,828,364	\$506,785,492	\$151,405,378	\$815,019,234
Michigan	67.0%	\$304,771,059	\$887,553,583	\$286,965,790	\$1,479,290,431
Minnesota	77.6%	\$214,751,011	\$582,581,656	\$176,097,377	\$973,430,045
Mississippi	40.4%	\$59,095,653	\$154,391,414	\$46,686,396	\$260,173,462
Missouri	66.2%	\$193,612,798	\$535,831,274	\$167,538,791	\$896,982,863
Montana	23.1%	\$11,558,687	\$33,601,349	\$11,892,697	\$57,052,733
Nebraska	67.3%	\$68,955,639	\$170,233,240	\$50,984,099	\$290,172,978
Nevada	69.3%	\$100,383,770	\$297,649,853	\$85,626,959	\$483,660,583
New Hampshire	28.5%	\$15,701,373	\$53,944,711	\$18,313,181	\$87,959,265
New Jersey	14.4%	\$61,369,823	\$179,226,017	\$52,628,834	\$293,224,674
New Mexico	65.8%	\$64,744,683	\$179,225,524	\$61,634,355	\$305,604,562
New York	62.5%	\$539,802,807	\$1,665,142,786	\$507,292,336	\$2,712,237,929
North Carolina	66.8%	\$333,864,817	\$955,263,780	\$281,914,105	\$1,571,042,702
North Dakota	90.4%	\$35,928,171	\$91,600,261	\$26,844,411	\$154,372,843
Ohio	77.7%	\$427,643,928	\$1,199,930,983	\$382,717,745	\$2,010,292,657
Oklahoma	57.6%	\$118,011,044	\$302,412,936	\$86,529,990	\$506,953,970
Oregon	22.3%	\$40,137,817	\$126,870,780	\$41,356,497	\$208,365,093
Pennsylvania	40.3%	\$231,048,764	\$686,804,733	\$233,290,348	\$1,151,143,845
Rhode Island	74.9%	\$34,506,837	\$111,863,507	\$35,280,124	\$181,650,469
South Carolina	69.7%	\$169,416,425	\$481,044,368	\$159,277,119	\$809,737,911
South Dakota	80.4%	\$37,463,908	\$92,325,190	\$30,113,796	\$159,902,894
Tennessee	80.2%	\$265,426,775	\$757,188,553	\$221,306,076	\$1,243,921,405
Texas	67.1%	\$1,069,150,543	\$2,721,596,334	\$621,574,994	\$4,412,321,871
Utah	42.5%	\$85,026,697	\$188,901,369	\$39,198,077	\$313,126,144
Vermont	34.6%	\$8,952,822	\$29,535,740	\$11,006,176	\$49,494,737
Virginia	77.8%	\$313,465,148	\$912,086,664	\$258,946,508	\$1,484,498,320
Washington	55.2%	\$193,465,191	\$587,658,275	\$164,289,971	\$945,413,438
West Virginia	71.3%	\$54,069,373	\$163,725,345	\$61,114,509	\$278,909,227
Wisconsin	61.0%	\$164,637,345	\$474,140,855	\$153,028,820	\$791,807,020
Wyoming	43.8%	\$12,188,876	\$32,869,141	\$10,856,186	\$55,914,203
United States	62.6%	\$9,800,000,000	\$27,884,878,919	\$8,220,558,391	\$45,905,437,310

Source: 2022 data from Water Fluoridation Reporting System (WFRS), managed by the CDC. Health Policy Institute analysis of Medical Expenditure Panel Survey (MEPS) data and previous research on cost of removing fluoride for children ages 0-19.¹⁶ **Notes:** The column “Percent of State with Fluoride Exposure Due to Community Water Systems” includes the percent of each state with fluoridated water divided by that state’s population.

Data & Methods

We calculated the percentage of each state's population that receives fluoridated water through community water systems. We used 2022 reported fluoridation data from the Water Fluoridation Reporting System (WFRS), managed by the CDC⁴⁷ and state total populations as of 2022 from the U.S. Census Bureau.⁴⁸ Not all people who are served by community water systems receive fluoridated water, therefore we used WFRS' state-estimates 'Persons Served by CWS Receiving Fluoridated Water' and divided it by each state's total population. Our results do not capture individuals who receive fluoridated water through other sources such as private well water. Our results show that as of 2022, 62.6 percent of the U.S. receives fluoridated water through a community water system.

We based our estimation of the costs of removing fluoride from community water systems on a recently published cost-effectiveness analysis of ceasing fluoridation in public water systems for children ages 0-19 in the United States by authors Choi and Simon.¹⁶ They estimated that removing fluoride will result in an increase of \$9.8 billion among children which encompasses costs for dental examinations; treatment for caries, abscesses, tooth extractions, and fluorosis (for the children that are residing in communities with

fluoride levels above the optimal limit); and the cost of water fluoridation. We used their cost estimate and calculated the per-capita costs for this age group receiving fluoridated water to be \$190.

We analyzed 2022 data from Medical Expenditure Panel Survey (MEPS) to calculate the dental expenditure ratio between children and adults.⁴⁹ The MEPS is a large-scale survey of individuals and families drawn from a nationally representative sample and is the most complete source of data on the cost and use of health care and health insurance. Restricting our analysis to individuals that visited a dentist in the last year, we calculated average dental expenditures for children (ages 0-19) and adults (ages 20 and older) for all payers. Due to data limitations, we did not calculate average dental expenditures for seniors (age 65 and older) separately. In 2022, for people that visited a dentist at least once in that year, adult and senior spending for all payers (private and public) was 20 percent higher than child spending. Using this ratio, we calculated the cost of removing fluoride as \$229 per capita for adults and seniors residing in fluoridated areas. Our final costs consisted of multiplying the per capita cost with the fluoridated population by state.

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