

Oral Health Care During Pregnancy

A Resource Guide

Third Edition



Prepared by
Ruth Barzel, M.A.
Katrina Holt, M.P.H., M.S., R.D., FAND

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National Maternal and Child Oral Health
Resource Center
Georgetown University
E-mail: OHRInfo@georgetown.edu
Website: www.mchoralhealth.org

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Introduction



Pregnancy is a unique period during a woman's life and is characterized by complex physiological changes, which may adversely affect oral health. At the same time, oral health is key to overall health and well-being. Preventive, diagnostic, and restorative oral health care is safe throughout pregnancy and is effective in improving and maintaining oral health.

However, oral health professionals often do not provide oral health care to pregnant women, and, at the same time, pregnant women themselves often avoid obtaining it. Oral health is not routinely discussed with health professionals during perinatal care visits, and many pregnant women with obvious signs of oral disease do not seek or receive oral health care. In many cases, neither health professionals nor pregnant women understand that oral health care is an important component of a healthy pregnancy.

In addition to providing pregnant women with oral health care, educating them about preventing dental caries is critical, both for women's own oral health and for the future oral health of their children. Evidence suggests that most infants and young children acquire caries-causing bacteria from their mothers. Providing pregnant women with counseling to promote healthy oral health behaviors may reduce the transmission of such bacteria from mothers to infants and young children, thereby delaying or preventing the onset of caries.

For these reasons, it is essential for health professionals (e.g., dentists, dental hygienists, dental therapists, physicians, midwives, nurse practitioners, nurses, physician assistants) to provide pregnant women with appropriate and timely oral health care, which includes education.

About This Guide

The National Maternal and Child Oral Health Resource Center (OHRC) developed this publication, *Oral Health Care During Pregnancy: A Resource Guide* (3rd ed.), to help health professionals, program administrators, educators, and others promote oral health and prevent oral disease in pregnant women, as well as to help pregnant women achieve the best possible oral health for themselves and their infants.

The resource guide is divided into three sections. The first section describes materials, such as briefs, curricula, guidelines, infographics, reports, and videos, published from 2017 through 2020 as well as seminal (i.e., very important or influential) resources published before 2017. The second section lists federal agencies, national professional associations, resource centers, and national coalitions that may serve as resources. And the third section lists materials on oral health care during pregnancy produced by OHRC.

In the materials section, each resource includes an icon to help readers quickly identify materials. The key to the categories appears on the right.

Our intent is to share resources that are useful and that represent current science and practice. For further information, we encourage you to contact the organizations listed. Your state and local departments of health, state and local oral-health-related associations and societies, state or local oral health coalitions, and university-based libraries are additional sources of information. OHRC will update the resource guide periodically, and we would appreciate hearing from you if you know of any relevant resources that are not included in this edition.



Assessment (questionnaire, readiness assessment, survey)



Book



Brief, paper, or report



Curriculum (course, training)



Guide or guidelines (pocket guide, practice guidance, resource guide, training guide, user guide)



Infographic or poster



Tool (brochure, checklist, flipbook, flipchart, form, handout, tip sheet, toolkit)



Video

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Materials

Materials

Data and Surveillance



Connecticut's Perinatal and Infant Oral Health Quality Improvement Project: Pregnancy Risk Assessment Monitoring System Data for Evaluation

This report describes the Pregnancy Risk Assessment Monitoring System (PRAMS) and how PRAMS data can be used for evaluating the Perinatal and Infant Oral Health Quality Improvement project in Connecticut. Topics include births and maternal oral health and health care in Connecticut. Other topics include PRAMS questions on maternal oral health, oral health care for mothers by health insurance status, and implications and alternatives for project evaluation. [Funded by the Maternal and Child Health Bureau]

Lee M. 2017. *Connecticut's Perinatal and Infant Oral Health Quality Improvement Project: Pregnancy Risk Assessment Monitoring System Data for Evaluation*. New Haven, CT: Connecticut Voices for Children. 11 pp.



Identifying and Implementing Oral Health Quality Indicators for the Maternal and Child Health Population: 2018–2019 Report

This report provides results from the Center for Oral Health Systems Integration and Improvement's Quality Indicators Advisory Team's efforts to establish a set of maternal and child oral health quality indicators to monitor oral health services delivered in public health programs and systems of care. The report provides indicators for women of child-bearing age and pregnant women and for children, as well as a user guide, and discusses implementation strategies, indicator limitations, and challenges in obtaining data. [Funded by the Maternal and Child Health Bureau]

Center for Oral Health Systems Integration and Improvement Quality Indicator Advisory Team, Dental Quality Alliance, National Maternal and Child Oral Health Resource Center. 2019. *Identifying and Implementing Oral Health Quality Indicators for the Maternal and Child Health Population: 2018–2019 Report*. Washington, DC: National Maternal and Child Oral Health Resource Center; Chicago, IL: Dental Quality Alliance. 28 pp.



Oral Health in Maryland

This infographic provides statistical information about the percentage of pregnant women with oral health problems who visit a dentist. It includes statements about the importance and safety of receiving oral health care during pregnancy and about public insurance coverage for oral health care during pregnancy in Maryland. [Funded by the Maternal and Child Health Bureau]

Maryland Department of Health. 2018. *Oral Health in Maryland*. Baltimore, MD: Maryland Department of Health. 1 p.



Oral Health Quality Indicators for the Maternal and Child Health Population

This handout outlines a set of maternal and child health quality indicators to monitor oral health services delivered in public health programs and systems of care. Indicators for women of child-bearing age and pregnant women are broken into three categories: access, utilization, and outcomes. Indicators for children are broken into four categories: access, utilization, process, and outcomes. [Funded by the Maternal and Child Health Bureau]

Center for Oral Health Systems Integration and Improvement Quality Indicator Advisory Team, Dental Quality Alliance, National Maternal and Child Oral Health Resource Center. 2019. *Oral Health Quality Indicators for the Maternal and Child Health Population*. Washington, DC: National Maternal and Child Oral Health Resource Center; Chicago, IL: Dental Quality Alliance. 2 pp.



Readiness Assessment: Assessing the Capacity to Implement Quality for the Maternal and Child Health Population

This readiness assessment is designed for state oral health programs to explore capacity for collection of, access to, and analysis of the data used to calculate maternal and child health oral health quality indicators. It is organized by the data sources used to calculate the indicators: the Pregnancy Risk Assessment Monitoring System, the Behavioral Risk Factor Surveillance System, the Basic Screening Survey, and Medicaid administrative claims and enrollment data. [Funded by the Maternal and Child Health Bureau]

National Maternal and Child Oral Health Resource Center, Dental Quality Alliance. 2020. *Readiness Assessment: Assessing the Capacity to Implement Quality for the Maternal and Child Health Population*. Washington, DC: National Maternal and Child Oral Health Resource Center; Chicago, IL: Dental Quality Alliance. 17 pp.



Oral Health Quality Indicators for the Maternal and Child Health Population and Technical Specifications

This guide provides guidance on implementing oral health quality indicators for the maternal and child health population. The guide provides background information on the indicators and presents indicator summaries. Also included are general guidelines for data collection, preparation, and reporting and technical specifications. [Funded by the Maternal and Child Health Bureau]

Center for Oral Health Systems Integration and Improvement Quality Indicator Advisory Team, Dental Quality Alliance, National Maternal and Child Oral Health Resource Center. 2020. *Oral Health Quality Indicators for the Maternal and Child Health Population and Technical Specifications*. Washington, DC: National Maternal and Child Oral Health Resource Center; Chicago, IL: Dental Quality Alliance. 66 pp.



Texas Dental Perinatal and Infant Knowledge and Attitudes Survey: Report of Findings

This report provides information about responses from the Texas Dentists Perinatal and Infant Knowledge and Attitudes Survey conducted in 2018. The survey assessed opinions of dentists related to perinatal and infant oral health care, with the goal of capturing opinions on and patterns of providing oral health services to this population. The report provides background, describes the survey methodology, and presents results. [Funded by the Maternal and Child Health Bureau]

Texas A&M University, Public Policy Research Institute. 2018. *Texas Dental Perinatal and Infant Knowledge and Attitudes Survey: Report of Findings*. Austin, TX: Texas Department of State Health Services. 23 pp.

Policy



Access to Oral Health Care During the Perinatal Period: A Policy Brief

This brief provides an overview of the major barriers to addressing women's oral health needs during the perinatal period. The brief provides strategies to promote the use of guidelines on perinatal oral health, expand opportunities for professional and consumer education, increase dental insurance coverage, and integrate oral health care into perinatal care. [Funded by the Maternal and Child Health Bureau]

National Maternal and Child Oral Health Resource Center. 2008. *Access to Oral Health Care During the Perinatal Period: A Policy Brief*. Washington, DC: National Maternal and Child Oral Health Resource Center. 8 pp.



Coverage Brief: Improving Access to Oral Health Care in Pregnancy

This brief provides an overview of the status of dental coverage during pregnancy, using data related to Medicaid dental coverage available to pregnant women in each state as of September 2019. Topics include the impact of a woman's oral health during pregnancy and after birth, barriers to accessing oral health care during pregnancy, oral health coverage for pregnant women through state Medicaid programs, and available data about oral health coverage for pregnant women through Medicaid.

Eke C, Mask A, Reusch C, Vishnevsky D, Quinonez RB. 2019. *Coverage Brief: Improving Access to Oral Health Care in Pregnancy*. Washington, DC: Children's Dental Health Project. 4 pp.



Improving Pregnancy-Related Oral Health Coverage Would Bolster Maternal Health, Reduce Health Care Costs

This brief provides information about the importance of oral health to women's and children's overall health and discusses the benefits of making comprehensive oral health coverage a guaranteed part of pregnancy-related Medicaid coverage. Other topics include the importance of oral health coverage to mothers' and children's well-being, the contribution of oral health disparities to disparities in maternal health outcomes, and variations in pregnancy-related oral health coverage by state.

Le C, Burroughs M. 2020. *Improving Pregnancy-Related Oral Health Coverage Would Bolster Maternal Health, Reduce Health Care Costs*. Washington, DC: Families USA. 3 pp.



Oral Health Care and Coverage During Pregnancy

This brief provides information about the effects of oral disease on pregnant women and infants and state actions to prevent disease and reduce costs. It examines insurance coverage for care, including publicly funded coverage and reimbursement rates; dental expenditures; and where to find state-specific statistics on health status and coverage rates. The brief also discusses state strategies to help pregnant women receive care and provisions in the Affordable Care Act, such as public education and tobacco-cessation services.

Skinner E. 2017. *Oral Health Care and Coverage During Pregnancy*. Denver, CO: National Conference of State Legislatures. 2 pp.



Oral Health During Pregnancy: Oral Health's Unanswered Questions

This brief outlines some key challenges and starting points to improve pregnant women's and families' health and stability in the following areas: inadequate data collection and reporting at federal and state levels, inconsistent oral health coverage for pregnant women, and lack of access to oral health care for pregnant women. The brief also discusses the oral health status of pregnant women in the United States, whether women are getting oral health care during pregnancy, how to address pregnant women's oral health needs outside the dental office, Medicaid's pregnancy-related benefits, and the need for change.

Children's Dental Health Project. 2018. *Oral Health During Pregnancy: Oral Health's Unanswered Questions*. Washington, DC: Children's Dental Health Project. 11 pp.



Promoting Oral Health in Pregnancy

This brief describes a study on factors that affect the ability and inclination of pregnant women with low incomes in Connecticut to seek oral health care. The brief outlines reasons for seeking oral health care during pregnancy as well as several barriers related to obtaining care, and it provides recommendations for overcoming barriers.

Reisine S, Douglass J. 2013. *Promoting Oral Health in Pregnancy*. Hartford, CT: Connecticut Health Foundation. 5 pp.



Perinatal Oral Health Policy Statement

This brief provides information about oral health during the perinatal period, including barriers to achieving and maintaining good oral health during this period for both women and their infants and efforts to improve access to and utilization of oral health care for this population. It presents a strategic framework for improving perinatal oral health. [Partially funded by the Maternal and Child Health Bureau]

Association of State and Territorial Dental Directors. 2020. *Perinatal Oral Health Policy Statement*. Reno, NV: Association of State and Territorial Dental Directors. 6 pp.

Practice Guidance



Bright Futures: Oral Health—Pocket Guide (3rd ed.)

This guide offers health professionals an overview of preventive oral health supervision during five developmental periods: prenatal, infancy, early childhood, middle childhood, and adolescence. It is designed to help health professionals implement specific oral health guidelines during these periods. For each period, information about family preparation, risk assessment, interview questions, screening, examination, preventive procedures, anticipatory guidance, measurable outcomes, and referrals is discussed. [Funded by the Maternal and Child Health Bureau]

Casamassimo P, Holt K, eds. 2016. *Bright Futures: Oral Health—Pocket Guide* (3rd ed.). Washington, DC: National Maternal and Child Oral Health Resource Center. 90 pp.



Healthy Smiles for Mom and Baby: Implementation Guide

This guide describes an approach to increasing pregnant women's and infants' utilization of oral health services by implementing two models for obtaining oral health care: (1) maintaining a closed referral system and (2) integrating preventive oral health services into Special Supplemental Nutrition Program for Women, Infants and Children (WIC) services. The guide also highlights educational activities for health professionals and social services professionals who provide care to pregnant women and parents with infants. [Funded by the Maternal and Child Health Bureau]

Children's Health Alliance of Wisconsin. 2019. *Healthy Smiles for Mom and Baby: Implementation Guide*. Milwaukee, WI: Children's Health Alliance of Wisconsin. 4 pp.



During Pregnancy, the Mouth Matters: A Guide to Michigan Perinatal Oral Health

This guide provides information about reducing infant mortality and promoting perinatal oral health in Michigan. It discusses a statewide perinatal oral health initiative, an infant-mortality-reduction plan, the national and local landscapes, and transmission of cariogenic bacteria. It also includes guidance for perinatal care health professionals and oral health professionals, a visual guide for common oral health conditions, and referral resources to assist in facilitating oral health care for pregnant women.

Michigan Department of Health and Human Services, Perinatal Oral Health Program. 2014. *During Pregnancy, the Mouth Matters: A Guide to Michigan Perinatal Oral Health*. Lansing, MI: Michigan Department of Health and Human Services. 22 pp.



Massachusetts Oral Health Practice Guidelines for Pregnancy and Early Childhood

These guidelines provide oral health care recommendations and resources for health professionals caring for pregnant women and young children. Contents include information about oral diseases; oral health status among pregnant women and children in Massachusetts and efforts to improve it; and the role of prenatal care health professionals, oral health professionals, and pediatric health professionals in improving pregnant women's and children's oral health. Topics include assessing, advising, educating, referring, collaborating, treatment, and management. Resources on medication use during pregnancy, sample referral forms, and reproducible handouts on healthy portion sizes and healthy eating during pregnancy are also provided.

Diop H, Hwang S, Leader D, Silk H, Chie L, Lu E, Stone SL, Flaherty K. 2016. *Massachusetts Oral Health Practice Guidelines for Pregnancy and Early Childhood*. Boston, MA: Massachusetts Department of Public Health. 14 pp.



Oral Health Care During Pregnancy: A National Consensus Statement

This report includes a consensus statement that resulted from an expert workgroup meeting held on October 18, 2011, in Washington, DC, convened by the Health Resources and Services Administration in collaboration with the American College of Obstetricians and Gynecologists and the American Dental Association. It contains guidance on oral health care for pregnant women for both prenatal care health professionals and oral health professionals, pharmacological considerations for pregnant women, and guidance for health professionals to share with pregnant women. [Funded by the Maternal and Child Health Bureau]

Oral Health During Pregnancy Expert Workgroup. 2012. *Oral Health Care During Pregnancy: A National Consensus Statement*. Washington, DC: National Maternal and Child Oral Health Resource Center. Multiple items.



Oral Health Care During Pregnancy: Practice Guidance for Maryland's Prenatal and Dental Providers

This practice guidance provides information on oral health care during pregnancy for oral health professionals and prenatal care professionals in Maryland. It provides information about the oral health of pregnant women and their infants in the state, state statistics on oral health care utilization during pregnancy, clinical practice guidance, a visual guide of oral conditions that can occur during pregnancy, a pharmacological considerations chart, a sample dental referral form, and educational resources to share with pregnant women. [Funded by the Maternal and Child Health Bureau]

Maryland Department of Health, Office of Oral Health. 2019. *Oral Health Care During Pregnancy: Practice Guidance for Maryland's Prenatal and Dental Providers*. Baltimore, MD: Maryland Department of Health, Office of Oral Health. 23 pp.



Oral Health Care During Pregnancy: North Carolina Collaborative Practice Framework

This practice guidance provides information on oral health care for pregnant women for prenatal care health professionals and oral health professionals in North Carolina, pharmacological considerations for pregnant women, and guidance for health professionals to share with pregnant women. Selected topics include assessing women's oral health status, advising pregnant women about oral health care, working in collaboration with other health professionals, providing support services to pregnant women, improving health services in the community, and advising women about oral health care. The document was adapted from *Oral Health Care During Pregnancy: A National Consensus Statement*.

North Carolina Division of Public Health, Oral Health Section. 2018. *Oral Health Care During Pregnancy: North Carolina Collaborative Practice Framework*. Raleigh, NC: North Carolina Division of Public Health, Oral Health Section. 7 pp.



Oral Health Care During Pregnancy: Practice Guidance for Texas Prenatal and Dental Providers

This practice guidance provides information on oral health care during pregnancy for prenatal care health professionals and oral health professionals in Texas. Topics include myths vs. facts, guidance for health professionals, oral conditions during pregnancy, and oral health pharmacological considerations for pregnant women. It also includes resources for pregnant women and parents about good oral health during pregnancy and during infancy, available in English and in Spanish, as well as a dental referral form for pregnant women. The document was adapted from *Oral Health Care During Pregnancy: A National Consensus Statement*. [Funded by the Maternal and Child Health Bureau]

Texas Department of State Health Services, Oral Health Improvement Program. 2020. *Oral Health Care During Pregnancy: Practice Guidance for Texas Prenatal and Dental Providers*. Austin, TX: Texas Department of State Health Services. 23 pp.



Oral Health Care During Pregnancy: A Summary of Practice Guidelines

These guidelines summarize the New York State Department of Health publication *Oral Health Care During Pregnancy and Early Childhood: Practice Guidelines*, which is geared toward prenatal care health professionals and oral health professionals. The guidelines are intended to bring about changes in the health-care-delivery system and to improve the overall standard of care for pregnant women. [Funded by the Maternal and Child Health Bureau]

National Maternal and Child Oral Health Resource Center. 2008. *Oral Health Care During Pregnancy: A Summary of Practice Guidelines*. Washington, DC: National Maternal and Child Oral Health Resource Center. 8 pp.



Oral Health Care During Pregnancy and Early Childhood: Practice Guidelines

These practice guidelines provide an overview of oral health during pregnancy and early childhood and recommendations for prenatal care professionals, oral health professionals, and pediatric health professionals. The recommendations include background and offer guidance on the role of the health professional, what should happen at the visit, and other topics specific to the type of health professional.

Kumar J, Samelson R, eds. 2006. *Oral Health Care During Pregnancy and Early Childhood: Practice Guidelines*. Albany, NY: New York State Department of Health. 72 pp.



Oral Health Care During Pregnancy and Through the Lifespan

This paper presents information and recommendations for obstetricians, gynecologists, and others about oral health care during pregnancy and through the lifespan. Topics include general health, common oral health conditions during pregnancy, periodontal disease and pregnancy outcomes, oral health assessment and counseling during pregnancy, and access to oral health care. The paper was reaffirmed in 2017.

American College of Obstetricians and Gynecologists, Committee on Health Care for Underserved Women. 2013. *Oral Health Care During Pregnancy and Through the Lifespan*. Washington, DC: American College of Obstetricians and Gynecologists. 6 pp.



Oral Health Care for Pregnant Women

These practice guidelines provide information on the oral health care of pregnant women in South Carolina. They contain data on infant mortality and preterm birth, oral health care and counseling utilization, and key findings from the South Carolina Pregnancy Risk Assessment Monitoring Systems (PRAMS) for 2012–2013. The guidelines also include recommendations for health professionals and for oral health professionals, referral forms for oral health care, and dentists' reports for prenatal care professionals. [Funded by the Maternal and Child Health Bureau]

South Carolina Oral Health Coalition. 2017. *Oral Health Care for Pregnant Women*. Columbia, SC: South Carolina Department of Health and Environmental Control. 30 pp.



Oral Health During Pregnancy: Practice Guidance for Virginia's Prenatal and Dental Providers

This practice guidance for oral health professionals and prenatal care professionals in Virginia provides information about the oral health of pregnant women and their infants in the state, state statistics on oral health care utilization during pregnancy, a visual guide of oral conditions that can occur during pregnancy, a pharmacological considerations chart, a sample dental referral form, and educational resources to share with pregnant women. [Funded by the Maternal and Child Health Bureau]

Virginia Department of Health, Dental Health Program. 2019. *Oral Health During Pregnancy: Practice Guidance for Virginia's Prenatal and Dental Providers*. Richmond, VA: Virginia Department of Health, Dental Health Program. 20 pp.



Oral Health During Pregnancy and Early Childhood: Evidence-Based Guidelines for Health Professionals

These guidelines are designed to help health professionals deliver oral health services to pregnant women and young children. Topics include the importance of oral health; maternal physiological considerations related to oral health; pregnancy, oral conditions, and oral health care; oral health and early childhood; access to care; and systems improvement and public policy changes. Sample forms and websites for parents are included as appendices. A policy brief is also available.

CDA Foundation. 2010. *Oral Health During Pregnancy and Early Childhood: Evidence-Based Guidelines for Health Professionals*. Sacramento, CA: CDA Foundation. 80 pp.



Prescribing Opioids for Women of Reproductive Age: Information for Dentists

This practice guidance provides an overview of pain management for dental procedures for women of reproductive age. It discusses pharmacological considerations for pregnant women (pharmaceutical agents and indications, contraindications, and special considerations), neonatal opioid withdrawal syndrome, guidelines for providing opioids, managing acute dental pain, and guidelines for discharging women with opioid prescriptions. Information about prescription drug monitoring programs is included. [Funded by the Maternal and Child Health Bureau]

Barzel R, Holt K, Kolo S. 2018. *Prescribing Opioids for Women of Reproductive Age: Information for Dentists*. Washington, DC: National Maternal and Child Oral Health Resource Center. 4 pp.

Practice Tools



Dental Referral Form for Pregnant Women

This form for pregnant women includes two sections, the first for a prenatal care professional to complete and send to an oral health professional and the second for an oral health professional to complete and return to the prenatal care professional. The first section has space for information about the woman, the referring health professional, allergies and precautions, and procedures and medications considered safe during pregnancy. The second section has space for the diagnosis, the treatment plan, and information about the oral health professional. [Funded by the Maternal and Child Health Bureau]

Maryland Department of Health. 2018. *Dental Referral Form for Pregnant Women*. Baltimore, MD: Maryland Department of Health. 1 p.



Healthy Care for the Mouth of Expectant Mothers and Babies

This flipbook for health educators provides information to share with pregnant women and new parents about improving oral health during pregnancy and infancy. The flipbook is divided into two sections: (1) healthy mouths for pregnant women and (2) healthy mouths for infants. Each section includes tips for keeping the mouth healthy, information about what causes oral health problems, and tips for preventing them. [Funded by the Maternal and Child Health Bureau]

University of New Mexico Center for Development and Disability, University of New Mexico College of Nursing. 2019. *Healthy Care for the Mouth of Expectant Mothers and Babies*. Albuquerque, NM: University of New Mexico Center for Development and Disability; University of New Mexico College of Nursing. 39 pp.



Nutrition and Oral Health: A Resource Guide

This resource guide is designed to assist health professionals and parents in promoting good eating and oral health practices to help prevent oral disease in pregnant women, infants, children, and adolescents. The guide provides descriptions of materials on data and surveillance, policy, professional education and training, and public education. Descriptions of and contact information for relevant organizations is also included. [Funded by the Maternal and Child Health Bureau]

Barzel R, Holt K. 2020. *Nutrition and Oral Health: A Resource Guide*. Washington, DC: National Maternal and Child Oral Health Resource Center. 19 pp.



Oral Health Checklist for Prenatal Providers

This checklist is designed for prenatal care health professionals and oral health professionals. The checklist offers tips for discussing oral health with pregnant women during prenatal visits and dental visits, counseling them about oral health, and providing them with a referral to a dentist or to prenatal resources. For oral health professionals, the checklist also includes guidance about providing care for pregnant women.

Texas Department of State Health Services, Oral Health Improvement Program. 2020. *Oral Health Checklist for Prenatal Providers*. Austin, TX: Texas Department of State Health Services, Oral Health Improvement Program. 2 pp.



Oral Health Talking Points and Myths: For WIC and Family Visiting Program Staff

This handout includes talking points for WIC and family visiting program staff about oral health in pregnant women, infants, and toddlers. Also included are common myths and facts about prenatal and infant oral health. [Funded by the Maternal and Child Health Bureau]

Rhode Island Department of Health. 2016. *Oral Health Talking Points and Myths: For WIC and Family Visiting Program Staff*. Providence, RI: Rhode Island Department of Health. 2 pp.



Prenatal Oral Health Program (pOHP)

These tools are designed to help prenatal primary care professionals and oral health care teams implement and deliver preventive oral health services to women, including those who are pregnant. Contents include videos, guidelines, a referral form and follow-up report card, and a periodicity table. Additional resources for new mothers and pregnant women—including videos on oral health care for pregnant women and infants, a self-evaluation, and a provider locator—are also available in English and in Spanish.

Quinonez RB, Boggess K. 2013. *Prenatal Oral Health Program (pOHP)*. Chapel Hill, NC: University of North Carolina at Chapel Hill School of Dentistry, and School of Medicine. 1 vol.



Tips for a Healthy Mouth for Mom and Baby

This flipbook for health professionals to share with pregnant women and parents with infants covers oral health during pregnancy and infancy. Topics include changes in the mouth during pregnancy, nausea, how to take care of teeth during pregnancy, how caring for the mouth during pregnancy helps infants, and how fluoride strengthens the teeth of both women and infants. Information about how eating healthy foods and drinking water can promote oral health and overall health is included. [Partially funded by the Maternal and Child Health Bureau]

From the First Tooth. 2018. *Tips for a Healthy Mouth for Mom and Baby*. Portland, ME: From the First Tooth. 28 pp.

Professional Education and Training



Considerations for the Dental Treatment of Pregnant Women: A Resource for Connecticut Dentists

This report is designed to help dentists and other health professionals understand the importance of providing oral health services to pregnant women. It also assists health professionals in making appropriate decisions about pregnant women's care. Contents include answers to basic questions related to providing oral health services to pregnant women and pharmacological considerations for pregnant women.

Connecticut State Dental Association. 2013. *Considerations for the Dental Treatment of Pregnant Women: A Resource for Connecticut Dentists*. Southington, CT: Connecticut State Dental Association. 4 pp.



Front Line Health Worker Curriculum

This curriculum is designed for front line health workers (FLHWs) (e.g., community health workers, health educators, case managers, care coordinators, public health workers, peer health promoters) who provide oral health outreach, advocacy, patient education, care coordination, health care navigation, and social support for the communities they serve. The curriculum consists of four modules; the first is an introduction, and the remaining three focus on the oral health of children, women (including pregnant women), and adults. An educator handbook and resources for FLHWs are also included.

Society of Teachers of Family Medicine. 2017. *Front Line Health Worker Curriculum*. Leawood, KS: Society of Teachers of Family Medicine. Multiple items.



Educational Curriculum on Perinatal and Infant Oral Health Care: Current Standards of Care for Dental and Dental Hygiene Students

This curriculum for dental and dental hygiene students provides information on perinatal and infant oral health care. The modules cover oral health during pregnancy, infant oral health, the age 1 dental visit, and how to be a lifelong learner. The modules are designed to be integrated into a dental hygiene program curriculum. [Funded by the Maternal and Child Health Bureau]

Children's Health Alliance of Wisconsin. 2019. *Educational Curriculum on Perinatal and Infant Oral Health Care: Current Standards of Care for Dental and Dental Hygiene Students*. Milwaukee, WI: Children's Health Alliance of Wisconsin. 4 modules.



Healthy Smiles for Mom and Baby: Oral Health Online Training Guide

This guide describes a training for professionals in Wisconsin that combines oral health information with conversation techniques for discussing oral health with pregnant women and parents of infants and toddlers. The training consists of four modules: (1) oral health conversations, (2) oral health for infants and toddlers, (3) oral health for pregnant women, and (4) oral health goal setting with families. Each module includes reflection activities and videos that demonstrate how to guide an oral health discussion with pregnant women and parents. The guide also explains how to register for the training. [Funded by the Maternal and Child Health Bureau]

Children's Health Alliance of Wisconsin. 2019. *Healthy Smiles for Mom and Baby: Oral Health Online Training Guide*. Milwaukee, WI: Children's Health Alliance of Wisconsin. 37 pp.



Healthy Texas Smiles Teaser

This video provides information about the Healthy Texas Smiles for Moms and Babies project. The project trains home visitors on how to help pregnant women understand the importance of taking care of their oral health. The project also trains home visitors on how to teach mothers to take care of their infant's mouth after birth. The video shows home visitors in various settings interacting with pregnant women and their families and providing them with oral health education in their homes. [Funded by the Maternal and Child Health Bureau]

Texas Department of State Health Services. 2018. *Healthy Texas Smiles Teaser*. Austin, TX: Texas Department of State Health Services. 1 video (1.27 min.).



Oral Health and Dental Services for Pregnant Women

This training is designed to help health workers teach pregnant women about the importance of oral health and the safety of receiving oral health care during pregnancy and to provide pregnant women with resources to enable them to find affordable local oral health care. For each topic, suggestions about how to communicate effectively with pregnant women and case examples are included. [Funded by the Maternal and Child Health Bureau]

Texas Health and Human Services, Texas Health Steps. 2018. *Oral Health and Dental Services for Pregnant Women*. Austin, TX: Texas Health and Human Services, Texas Health Steps. 3 sections.



Improving the Oral Health of Pregnant Women, Children, and Families

This course for community health workers includes six modules about improving the oral health of pregnant women, children, and families: (1) oral health essentials, (2) oral health screening, (3) oral health during pregnancy, (4) oral health knowledge and skills for infants and young children, (5) planning and making changes for good family oral health, and (6) advocacy for oral health for mothers and infants. The course has been approved for continuing education units and medical education units for community health workers and representatives by the New Mexico Department of Health. [Funded by the Maternal and Child Health Bureau]

University of New Mexico Center for Development and Disability. 2019. *Improving the Oral Health of Pregnant Women, Children, and Families*. Albuquerque, NM: University of New Mexico Center for Development and Disability. 6 modules.



Smiles for Life: A National Oral Health Curriculum (4th ed.)

This curriculum for health professionals and educators comprises eight courses addressing oral health. The course on pregnancy and women's oral health addresses risk factors for periodontal disease and dental caries, oral exams, evidence for periodontitis affecting perinatal outcomes, common oral conditions in pregnancy, and counseling patients about the safety of oral health care during pregnancy. It also addresses inter-professional collaboration to improve access to oral health care, risk of caries transmission from mother to child, and oral health issues across the lifespan for women.

Clark M, ed. 2017–2019. *Smiles for Life: A National Oral Health Curriculum* (4th ed.) Leawood, KS: Society of Teachers of Family Medicine. Multiple items.



Teeth for Two: An Oral Health Resource Guide for Those Who Serve Pregnant Women

This curriculum about oral health is geared for those who work with pregnant women. It comprises 10 modules on the following topics: oral development in utero, oral health and pregnancy, tooth decay process, periodontal disease, nutrition and eating habits, oral hygiene and self-care, self-screening, professional oral health care, oral health and infancy, and resources. Each module discusses goals, outcomes, home visitor evidence-based knowledge, and home visiting supplies and includes a 15-minute home visit lesson plan that employs a motivational interviewing approach and client handouts. Each module also offers a sample agenda that can be modified for different situations.

Hunt K, Manter M. 2016. *Teeth for Two: An Oral Health Resource Guide for Those Who Serve Pregnant Women*. Eugene, OR: Saavsus. 10 modules.



Tips for a Healthy Mouth for Mom and Baby: Resources for Community Organizations

This training provides information to improve women's oral health through education, collaboration, and integration of oral health care into prenatal care and primary care. It includes reasons that preventive oral health care is important and key messages to use with pregnant women and parents with infants. It also reviews basic concepts related to oral health in pregnant women, infants, and children and discusses the importance of the dental home and of providing referrals to dentists. [Partially funded by the Maternal and Child Health Bureau]

From the First Tooth. 2018. *Tips for a Healthy Mouth for Mom and Baby: Resources for Community Organizations*. Portland, ME: From the First Tooth. 6 items.



Tobacco Cessation Resource Toolkit for Oral Health Providers

This toolkit is intended to assist oral health professionals in Georgia with helping their patients, especially pregnant women, quit smoking. It provides information about why smoking during pregnancy is harmful and how oral health professionals can contribute to helping women quit. The toolkit provides information about the 5As protocol (ask, advise, assess, assist, arrange) for helping patients quit smoking and offers detailed guidelines for how to implement the protocol with patients in a short timeframe. A table explaining how to use diagnostic codes to apply for reimbursement for tobacco-cessation counseling is included.

Georgia Tobacco Use Prevention Program. 2018. *Tobacco Cessation Resource Toolkit for Oral Health Providers*. Atlanta, GA: Georgia Tobacco Use Prevention Program. 25 pp.



TOHF Knowledge Assessments

These assessments focus on oral-health-related practices and attitudes for health professionals, including pediatricians, obstetricians, nurses, dental hygienists, and dental assistants; non-clinical staff; and patients. The assessments are intended for use in developing continuing education courses and programs that help health professionals improve their patients' oral health. Questions cover practices and attitudes related to providing oral health care to infants, young children, and pregnant women; providing oral health education; and communicating with patients.

HealthEfficient, Horowitz A. 2020. *TOHF Knowledge Assessments*. Albany, NY: HealthEfficient. 52 pp.

Program Development



2015 Wisconsin Perinatal-Infant Oral Health Summit: Summary Report and Statewide Plan

This report summarizes information from a summit held on September 9, 2015, to brainstorm strategies for improving oral health for pregnant women and infants in Wisconsin. It describes five themes supported by both oral health communities and overall health communities: reimbursements and insurance availability, coordination and integration, training, awareness, and practice settings. Contents include a statewide plan (objectives and activities) to reduce the prevalence of oral disease among pregnant women and infants who are underserved by integrating high-quality oral health care into the health-care-delivery system. [Funded by the Maternal and Child Health Bureau.]

Children's Health Alliance of Wisconsin. 2016. *2015 Wisconsin Perinatal-Infant Oral Health Summit: Summary Report and Statewide Plan*. Milwaukee, WI: Children's Health Alliance of Wisconsin. 27 pp.



AMCHP's Implementation Toolkit for National Performance Measure 13

This toolkit for Title V program staff and other stakeholders provides information to help address national performance measure 13.1 (preventive dental visits for pregnant women) and 13.2 (preventive dental visits for children and adolescents ages 1–17). The strategic approaches described in the toolkit are informed by evidence and include resources from national and state organizations. The approaches are divided into categories, with relevant resources listed for each. [Funded by the Maternal and Child Health Bureau]

Association of Maternal and Child Health Programs, National Maternal and Child Oral Health Resource Center. 2020. *AMCHP's Implementation Toolkit for National Performance Measure 13*. Washington, DC: Association of Maternal and Child Health Programs. 1 toolkit.



Best Practice Approach: Perinatal Oral Health (updated ed.)

This report provides a description of perinatal oral health, including its significance and background, barriers to accessing oral health care for this population, and a strategic framework for improving perinatal oral health. It also includes guidelines and recommendations, research evidence, best practice criteria, state practice examples, and a logic model.

Association of State and Territorial Dental Directors. 2019. *Best Practice Approach: Perinatal Oral Health* (updated ed.). Reno, NV: Association of State and Territorial Dental Directors. 27 pp.



Introducing Quality Improvement Methodology: Learning for Action

This report presents findings of the Perinatal and Infant Oral Health Quality Improvement National Learning Network to enhance the evidence base for improving access to and quality of oral health care for pregnant women and infants. It discusses project activities, the rationale for the quality-improvement processes, and preliminary results of the collaborative. [Funded by the Maternal and Child Health Bureau]

Children's Dental Health Project. 2018. *Introducing Quality Improvement Methodology: Learning for Action*. Washington, DC: Children's Dental Health Project. 27 pp.



The Maternal and Child Health Bureau–Funded Perinatal and Infant Oral Health Quality Improvement (PIOHQI) Initiative 2013–2019: Final Report

This report describes the achievements of 16 projects funded through the PIOHQI initiative to improve oral health for pregnant women and infants, lessons the projects learned, and resources they produced. It provides examples of project achievements and successes in seven strategy areas: network development; workforce enhancement; community outreach; process and procedure development; program development; state practice guidance development; and data collection, evaluation, and reporting. [Funded by the Maternal and Child Health Bureau]

Lorenzo S, Goodman H, Stemmler P, Holt K, Barzel R (eds.). 2019. *The Maternal and Child Health Bureau–Funded Perinatal and Infant Oral Health Quality Improvement (PIOHQI) Initiative 2013–2019: Final Report*. Washington, DC: National Maternal and Child Oral Health Resource Center. 23 pp.



Title V National Performance Measure 13 (Oral Health): Strategies for Success (2nd ed.)

This practice guide provides detailed information to help state Title V maternal and child health programs in their implementation of the national performance measure on oral health (NPM 13) and oral-health-related state performance measures. It provides sample strategies for addressing NPM 13.1 (preventive dental visits for pregnant women) and 13.2 (preventive dental visits for children and adolescents, ages 1–17). The second edition includes new strategies for using tele-dentistry to provide preventive oral health care. For all strategies, the report presents sample evidence-based or evidence-informed strategy measures (ESMs), possible data sources for ESMs, and a comprehensive list of resources. [Funded by the Maternal and Child Health Bureau]

Holt K, Kolo S, Louie R. 2020. *Title V National Performance Measure 13 (Oral Health): Strategies for Success* (2nd ed.). Washington, DC: National Maternal and Child Oral Health Resource Center. 25 pp.



Preventive Dental Visits for Pregnant Women Are Important!

This infographic provides information for oral health professionals about benefits of and barriers to preventive dental visits for pregnant women. It discusses the safety of visiting the dentist during pregnancy, Medicaid dental coverage available during pregnancy, physiological changes that occur during pregnancy that may affect oral health, and how receiving oral health services can improve overall health and reduce the likelihood of transmission of cavity-causing bacteria from mothers to young children. [Funded by the Maternal and Child Health Bureau]

National Maternal and Child Oral Health Resource Center. 2020. *Preventive Dental Visits for Pregnant Women Are Important!* Washington, DC: National Maternal and Child Oral Health Resource Center. 2 pp.

Public Education



The Health of Your Mouth Is Important During Pregnancy

This poster for pregnant women includes information about how the health of a pregnant woman's mouth can affect her infant's health, the safety of getting oral health care during pregnancy, and the importance of making a dental appointment early in pregnancy. Information about public dental coverage during pregnancy in Maryland is also included. [Funded by the Maternal and Child Health Bureau]

Maryland Department of Health. 2017. *The Health of Your Mouth Is Important During Pregnancy*. Baltimore, MD: Maryland Department of Health. 1 p.



Oral Health Guide for Families

This guide for pregnant women and families provides information about oral health for women during and after pregnancy as well as for infants and young children. Topics include oral diseases, keeping teeth healthy, healthy eating for two, the safety of oral health care for pregnant women, the importance of primary teeth, the causes of tooth decay and how to prevent it, caring for an infant's mouth, and the first dental visit. The guide is available in English and in Spanish. [Funded by the Maternal and Child Health Bureau]

Children's Health Alliance of Wisconsin. 2019. *Oral Health Guide for Families*. Milwaukee, WI: Children's Health Alliance of Wisconsin. 40 pp.



Oral Health and Pregnancy

This brochure for pregnant women and families provides information about the importance of good oral health habits during pregnancy for women and their infant. It provides information about oral health coverage for women in Maryland, the safety of receiving oral health care while pregnant, and oral conditions that can occur during pregnancy. Tips about how to keep the mouth healthy during pregnancy are provided, and myths and facts about oral health during pregnancy are presented. The resource is available in English and in Spanish. [Funded by the Maternal and Child Health Bureau]

Maryland Department of Health. 2018. *Oral Health and Pregnancy*. Baltimore, MD: Maryland Department of Health. 2 pp.



Oral Health Tips

This video offers information about oral health during pregnancy and infancy. Pregnancy-related topics include visiting the dentist during pregnancy, the importance of brushing with fluoride toothpaste and flossing every day, the relationship between a pregnant woman's oral health and her future child's oral health, and oral health problems that can occur during pregnancy. Infancy-related topics include the importance of caring for an infant's mouth and how to take care of an infant's teeth and gums.

Georgia Department of Public Health. 2020. *Oral Health Tips*. Atlanta, GA: Georgia Department of Public Health. 6 parts.



Pregnancy and Oral Health

This tip sheet for pregnant women provides information about the importance of good oral health during pregnancy for both pregnant women and their infant. Topics include the importance of taking care of the mouth during pregnancy, the safety of getting oral health care during pregnancy, and the importance of good nutrition during pregnancy. Tips for choosing healthy snacks and drinks, how to care for the mouth if a woman has morning sickness, and finding a dentist are included.

Ohio Department of Health, Oral Health Program. 2018. *Pregnancy and Oral Health*. Columbus, OH: Ohio Department of Health, Oral Health Program. 1 p.



Tips for Good Oral Health During Pregnancy

This tip sheet provides information and resources to help women take care of their oral health during pregnancy. Topics include getting oral health care, practicing good oral hygiene, eating healthy foods, and practicing other healthy behaviors. It also encourages women to take care of their infant's gums and teeth and ask their pediatric health professional to check their infant's mouth starting at age 6 months. The tip sheet is available in Arabic, Chinese, Chuukese, English, German, Korean, Portuguese, Russian, Samoan, Spanish, and Vietnamese. [Funded by the Maternal and Child Health Bureau]

Oral Health During Pregnancy Expert Workgroup. 2012. *Tips for Good Oral Health During Pregnancy*. Washington, DC: National Maternal and Child Oral Health Resource Center. 2 pp.



Tips for Good Oral Health During Pregnancy/ Tips for Good Oral Health During Infancy

These tip sheets for pregnant women and families provide information about how to keep the mouth healthy during pregnancy and in infancy and early childhood. The pregnancy tip sheet discusses practicing good oral hygiene, eating healthy foods, getting oral health care, and practicing other healthy behaviors. The safety of receiving oral health care during pregnancy and coverage through Maryland Medicaid are also discussed. The infant tip sheet discusses how to keep infants and children cavity free. The pregnancy tip sheet is on one side of the page, and the infant tip sheet is on the back of the pregnancy sheet. The tip sheets are available in English and in Spanish. [Funded by the Maternal and Child Health Bureau]

Maryland Department of Health. 2018. *Tips for Good Oral Health During Pregnancy/Tips for Good Oral Health During Infancy*. Baltimore, MD: Maryland Department of Health. 2 pp.



Organizations

Organizations

AMERICAN ACADEMY OF FAMILY PHYSICIANS

P.O. Box 11210
Shawnee Mission, KS 66207-1210
Phone: (800) 274-2237
E-mail: contactcenter@aafp.org
Website: www.aafp.org

The American Academy of Family Physicians (AAFP) represents family physicians, family medicine residents, and medical students who seek to promote the science and art of family medicine and to ensure high-quality, cost-effective health care for clients of all ages.

AMERICAN ACADEMY OF PEDIATRIC DENTISTRY

211 East Chicago Avenue, Suite 1600
Chicago, IL 60611-2637
Phone: (312) 337-2169
Website: www.aapd.org

The American Academy of Pediatric Dentistry (AAPD) works to achieve optimal oral health for all children and adolescents, including those with special health care needs. AAPD serves primary care and specialty pediatric dentists, as well as general dentists who treat children and adolescents in their practices.

AMERICAN ACADEMY OF PEDIATRICS

Section on Oral Health
141 Northwest Point Boulevard
Elk Grove Village, IL 60007-1098
Phone: (800) 433-9016
E-mail: oralhealthinfo@aap.org
Website: www.aap.org/oralhealth

The American Academy of Pediatrics' Section on Oral Health focuses on improving communication between pediatricians and pediatric dentists and improving advocacy for oral health, nutrition, and early diagnosis and prevention of oral disease in children, including those with special health care needs.

AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS

409 12th Street S.W., P.O. Box 96920
Washington, DC 20090-6920
Phone: (202) 638-5577
E-mail: resources@acog.org
Website: www.acog.org

The American College of Obstetricians and Gynecologists (ACOG) provides educational materials on pregnancy, birth, contraception, reproductive health, and women's issues such as violence against women, smoking cessation, and underserved women. Members and invited experts serve on various ACOG committees focusing on adolescent health care, gynecologic practice, obstetrics, American Indian affairs, and other topics.

AMERICAN DENTAL ASSOCIATION

211 East Chicago Avenue
Chicago, IL 60611-2678
Phone: (312) 440-2500
E-mail: info@ada.org
Website: www.ada.org; www.mouthhealthy.org

The American Dental Association (ADA) provides oral health information to dentists and consumers and works to advance the dental profession at the national, state, and local levels. ADA initiatives include those related to advocacy, education, research, and the development of standards.

AMERICAN DENTAL HYGIENISTS' ASSOCIATION

444 North Michigan Avenue, Suite 3400
Chicago, IL 60611
Phone: (312) 440-8900
Website: www.adha.org

The American Dental Hygienists' Association (ADHA) works to ensure access to high-quality oral health care; promote dental hygiene education, licensure, practice, and research; and represent the legislative interests of dental hygienists at the local, state, and federal levels. ADHA serves dental hygienists with the goal of helping them achieve their full potential as they seek to improve the public's oral health.

ASSOCIATION OF STATE AND TERRITORIAL DENTAL DIRECTORS

3858 Cashill Boulevard
Reno, NV 89509
Phone: (775) 626-5008
Website: www.astdd.org

The Association of State and Territorial Dental Directors promotes the establishment of national dental public health policy, assists state oral health programs in the development and implementation of programs and policies for preventing oral disease, builds awareness and strengthens public health professionals' knowledge and skills by developing position papers and policy statements, provides information on oral health to health officials and policymakers, and conducts conferences for the dental public health community.

CENTERS FOR DISEASE CONTROL AND PREVENTION

1600 Clifton Road
Atlanta, GA 30329-4027
Phone: (800) 232-4636
E-mail: cdcinfo@cdc.gov
Website: www.cdc.gov
Division of Oral Health: www.cdc.gov/oralhealth

The Centers for Disease Control and Prevention (CDC) works to combat disease and supports communities and citizens to do the same. CDC's Division of Oral Health strives to improve oral health and reduce oral health disparities by helping states improve their oral health programs, extending the use of proven strategies to prevent oral disease, enhancing efforts to monitor oral disease, contributing to the scientific knowledge base related to oral health and oral disease, and guiding infection control in dentistry.

INDIAN HEALTH SERVICE

5600 Fishers Lane
Rockville, MD 20857
Website: www.ihs.gov/index.cfm
Dental portal: www.ihs.gov/DOH

The Indian Health Service (IHS) is responsible for providing federal health services, including oral health services, to American Indians and Alaska Natives. The IHS dental portal serves as a centralized location where staff who work in Indian health care can locate resources to support the operation of effective clinical and community oral health programs.

MATERNAL AND CHILD HEALTH BUREAU

Health Resources and Services Administration
5600 Fishers Lane
Parklawn Building
Rockville, MD 20857
Phone: (301) 443-2753
E-mail: pvodicka@hrsa.gov
Website: www.mchb.hrsa.gov

The Maternal and Child Health Bureau provides leadership, in partnership with stakeholders, to improve the physical, mental, and oral health; safety; and well-being of the maternal and child health population, which includes all women, infants, children, and adolescents and their families.

NATIONAL MATERNAL AND CHILD ORAL HEALTH RESOURCE CENTER

Georgetown University
E-mail: OHRCinfo@georgetown.edu
Website: www.mchoralhealth.org

The National Maternal and Child Oral Health Resource Center responds to the needs of professionals working in states and communities with the goal of improving oral health services for pregnant women, infants, children, and adolescents, including those with special health care needs, and their families (MCH population). The resource center collaborates with government agencies, professional associations, foundations, policy and research centers, and voluntary organizations to gather, develop, and share information and materials to promote sustainable oral health services for the MCH population.

U.S. DEPARTMENT OF AGRICULTURE, FOOD AND NUTRITION SERVICE

1400 Independence Avenue, S.W.
Washington, DC 20250
Phone: (202) 720-2791
Website: www.fns.usda.gov

The U.S. Department of Agriculture, Food and Nutrition Service, provides leadership on food, agriculture, natural resources, rural development, nutrition, and related issues based on public policy, science, and effective management. The department strives to provide all Americans access to a safe, nutritious, and secure food supply.

Materials Produced by the National Maternal and Child Oral Health Resource Center

- *Access to Oral Health Care During the Perinatal Period: A Policy Brief*
- *Bright Futures: Oral Health—Pocket Guide* (3rd ed.)
- *The Maternal and Child Health Bureau—Funded Perinatal and Infant Oral Health Quality Improvement (PIOHQI) Initiative 2013–2019: Final Report*
- *Nutrition and Oral Health: A Resource Guide*
- *Oral Health Care During Pregnancy: A National Consensus Statement*
 - *Guidance for Oral Health Professionals*
 - *Guidance for Prenatal Care Health Professionals*
 - *Pharmacological Considerations for Pregnant Women*
 - *Tips for Good Oral Health During Pregnancy*
Available in [Arabic](#), [Chinese](#), [English](#), [Korean](#), [Portuguese](#), [Russian](#), [Samoan](#), [Spanish](#), and [Vietnamese](#)
- *Oral Health Quality Indicators for the Maternal and Child Health (MCH) Population: An Overview*
- *Oral Health Quality Indicators for the Maternal and Child Health Population*
- *Oral Health Quality Indicators for the Maternal and Child Health Population: User Guide and Technical Specifications*
- *Prescribing Opioids for Women of Reproductive Age: Information for Dentists*
- *Promoting Oral Health Care During Pregnancy: An Update on Activities*
- *Readiness Assessment: Assessing Capacity to Implement Oral Health Quality Indicators for the Maternal and Child Health Population*
- *Taking Care of Your Oral Health When You Are Pregnant*
Available in [English](#) and [Spanish](#)
- *Title V National Performance Measure 13 (Oral Health): Strategies for Success* (2nd ed.)



National Maternal and Child Oral Health Resource Center